

SCHEDULING STATUS

S0

PROPRIETARY NAME (AND DOSAGE FORM)

Sentry C (Effervescent tablet)

COMPOSITION

Each effervescent tablet contains:

Vitamin C (Ascorbic acid) 1000 mg

The other ingredients are aspartame, citric acid anhydrous, docusate sodium, FD & C Yellow no. 6, Lemon dry flavour, Orange dry flavour, PEG 6000, sodium benzoate, sodium bicarbonate, sodium chloride, sodium saccharin, sodium stearyl fumarate, tartaric acid and xanthum gum.

Contains sugar: Sucrose 610 mg

PHARMACOLOGICAL CLASSIFICATION

D. 22.2 Vitamins, others (Health Supplement)

PHARMACOLOGICAL ACTION

Pharmacodynamic properties

The active ingredients provide vitamin C which is involved in metabolic processes such as lipids and protein synthesis, oxidation-reduction reactions, cellular respiration and carbohydrate breakdown and synthesis.

Pharmacokinetic properties

Vitamin C is freely absorbed from the digestive tract and is extensively distributed in the bodily tissues. Blood plasma levels of ascorbic acid are elevated as the dose ingested is increased until a level state is reached and the surplus is eliminated unchanged at a high rate in the urine.

INDICATIONS

Sentry C is a vitamin C supplement which acts as an antioxidant aiding in the maintenance of good health and wound healing.

Sentry C supports the normal function of the immune system, also during and after intense physical stress.

Sentry C helps to metabolise fats and proteins as well as assisting in the development and maintenance of cartilage, bones, teeth and gums and connective tissue formation.

CONTRAINDICATIONS

If you suffer from oxalate kidney stones and certain illnesses in which too much iron is retained by the body (thalassaemia, haemochromatosis, sideroblastic anaemia), consult your doctor before taking Sentry C.

Vitamin C should not be taken in higher doses in the case of glucose-6-phosphate-dehydrogenase deficiency of the red blood cells (e.g. favism).

Patients with known hypersensitivity to any of the ingredients in this product.

WARNINGS AND SPECIAL PRECAUTIONS

Phenylketonuria: Contains phenylalanine, individuals with phenylketonuria or patients who should avoid protein must use this product with caution.

Special precautions:

High doses of vitamin C can lead to the formation of calcium-oxalate kidney stones, which can occur even at doses of 2-3 g per day in the case of existing restriction of the kidney function.

Patients being treated with warfarin or other anticoagulants should avoid taking high doses of vitamin C (see Interactions).

Vitamin C is an antioxidant and antioxidants may reduce the activity of chemotherapy. Consult your doctor before taking Sentry C.

Effects on ability to drive and handle machinery

Sentry C should have no or negligible influence on the ability to drive or use machinery.

INTERACTIONS

Taking vitamin C leads to the increased absorption of iron and aluminium in the intestinal tract. This can impact patients with kidney failure.

The efficacy of warfarin and other anticoagulant medicine may be reduced by taking high doses of vitamin C.

Vitamin C is an antioxidant and may reduce the efficacy of chemotherapy.

PREGNANCY AND LACTATION

The safety of taking Sentry C during pregnancy and lactation has not yet been established.

DOSAGE AND DIRECTIONS FOR USE

Adults: Dissolve tablet in a glass of water before use. Take one tablet once daily or as recommended by your doctor.

SIDE-EFFECTS

Nervous system disorders: flushing, headache, drowsiness and fatigue.

Gastrointestinal disorders: abdominal cramps, diarrhoea, nausea and vomiting, indigestion and inflammation of the esophagus.

KNOWN SYMPTOMS OF OVER DOSAGE AND PARTICULARS OF ITS TREATMENT

Over dosage of the medication can lead to diarrhoea, accompanied by stomach ache. If this occurs, treatment with vitamin C should be stopped. In the event of kidney pain or difficulty in urination following a high dose of Sentry C, consult your doctor immediately.

Treatment of an overdose should be symptomatic and supportive.

IDENTIFICATION

Orange coloured with white specs, round, flat, uncoated tablets.

PRESENTATION

White Polypropylene cylindrical tube with a white LDPE cap with silica gel desiccant, containing 17 effervescent tablets

STORAGE INSTRUCTIONS

Store at or below 25 °C in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN

REGISTRATION NUMBER

To be allocated

DISCLAIMER

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

NAME AND BUSINESS ADDRESS OF THE HOLDER OF THE CERTIFICATE OF REGISTRATION

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Bellville
Cape Town
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140000218

DATE OF PUBLICATION OF THE PACKAGE INSERT

To be allocated



SKEDULERINGSTATUS

SO

EIENDOMSNAAM (en doseervorm)

Sentry C (bruistablet)

SAMESTELLING

Elke bruistablet bevat:

Vitamiën C (Askorbienzuur) 1000 mg

Die onaktiewe bestanddele is aspartaam, sitroensuur anhidries, dokusaat natrium, FD & C Geel Nr. 6, suurlemoen droë geursel, lemoen droë geursel, PEG 6000, natriumbensoaat, natriumbikarbonaat, natriumchloried, natrium sakkarien, natrium steariel fumeraat, wynsteensuur en xanthum gom.

Bevat suiker: Sukrose 610 mg

FARMAKOLOGIESE KLASIFIKASIE

D. 22.2 Vitamiene, ander (Gesondheidsaanvulling)

FARMAKOLOGIESE AKSIE

Farmakodinamiese eienskappe

Die aktiewe bestanddele verskaf vitamien C wat betrokke is by metabolese prosesse soos lipied- en proteïensintese, oksidasie-reduksie reaksies, selrespirasie, asook koolhidraat afbraak en sintese.

Farmakokinetiese eienskappe

Vitamiën C word vrylik geabsorbeer uit die spysverteringskanaal en word op groot skaal versprei in die liggaamsweefsel. Bloedplasmavlakke van askorbienzuur neem toe as die ingenome dosis verhoog word totdat 'n plato bereik word, en die oorskot word onveranderd uitgeskei teen 'n hoë tempo in die uriene.

INDIKASIES

Sentry C is 'n vitamien C aanvulling wat dien as 'n antioksidant wat ondersteunend is in die handhawing van goeie gesondheid en wondgenesing. Sentry C help om vette en proteïene te metaboliseer en ondersteun ook die ontwikkeling en instandhouding van kraakbeene, bene, tande en tandvleis, sowel as bindweefsel vorming.

KONTRA INDIKASIES

Indien u aan oksalaat nierstene, en sekere siektes waar die liggaam te veel yster behou ly, (talassemie, hemochromatose, sideroblastiese bloedarmoede), raadpleeg u dokter voordat u Sentry C gebruik.

Vitamiën C moet nie in hoë dosisse geneem word in die geval van glukose-6-fosfaat-dehidrogenase tekort van die rooibloedselle nie (bv. favisme).

Pasiënte met 'n bekende hipersensitiewiteit vir enige van die bestanddele in die produk.

WAARSKUWINGS EN SPESIALE VOORSORGMATREËLS

Feniëlketonurie: Bevat feniëlalanien, individue met feniëlketonurie of pasiënte wat proteïene moet vermet, moet hierdie produk met omsigtigheid gebruik.

Spesiale voorsorgmaatreëls:

Hoë dosisse vitamien C kan lei tot die vorming van kalsium-oksalaat nierstene, wat selfs teen dosisse van 2-3 g per dag in die geval van bestaande inkorting van die nierfunksie kan voorkom.

Pasiënte wat met warfarien of ander antikoagulant behandel word, moet dit vermy om hoë dosisse vitamien C te neem (sien Interaksies).

Vitamiën C is 'n antioksidant en antioksidante kan die aktiwiteit van chemoterapie verminder. Raadpleeg u dokter voordat u Sentry C gebruik.

Uitwerking op die vermoë om te bestuur en masjinerie te hanteer

Sentry C behoort geen of 'n weglaatbare effek op die vermoë om te bestuur of masjinerie te gebruik te hê.

INTERAKSIES

Die gebruik van vitamien C kan lei tot die verhoogde absorpsie van yster en aluminium in die dermkanaal. Dit kan 'n impak hê op pasiënte met nierversaking. Die doeltreffendheid van warfarien en ander antikoagulant medisyne kan verminder word deur die gebruik van 'n hoë dosisse vitamien C.

Vitamiën C is 'n antioksidant wat die werking van chemoterapie kan verminder.

SWANGERSKAP EN LAKTASIE

Die veiligheid van die gebruik van Sentry C tydens swangerskap en laktasie is nog nie vasgestel nie.

DOSERING EN GEBRUIKSAANWYSINGS

Volwassenes: Los een tablet in 'n glas water op voor gebruik. Neem een tablet een keer per dag.

NEWE-EFFEKTE

Senuweestelsel versteurings: Gloede, hoofpyn, lomerigheid en moegheid.

Gastroïntestinale versteurings: maagkrampe, diarree, naarheid en braking, slegte spysvertering en inflammasie van die esofagus.

BEKENDE SIMPTOME VAN OORDOSERING EN BESONDERHEDE VAN DIE BEHANDELING DAARVAN

Oordosering van die medikasie kan lei tot diarree, vergesel met maagpyn. As dit gebeur, moet behandeling met vitamien C gestop word. In die geval van nier pyn of moeilike urinerig na aanleiding van 'n hoë dosis van Sentry C, raadpleeg jou dokter onmiddellik.

Behandeling van 'n oordosis moet simptomaties en ondersteunend wees.

IDENTIFIKASIE

Oranje met wit spikkels , ronde , plat , onbedekte bruistablette.

AANBIEDING

'n Wit polipropileen silindriese buis met 'n wit LDPE doppie, met silika gel droogmiddel, wat 17 bruistablette bevat.

BERGINGSINSTRUKSIES

Berg by of benede 25 °C in 'n koel, droë plek.

HOU BUITE BEREIK VAN KINDERS

REGISTRASIENOMMER

Moet toegeken word.

VRYWARING

Hierdie medisyne is nie geëvalueer deur die Medisyne Beheerraad nie. Hierdie medisyne is nie bedoel om enige siekte te diagnoseer, te behandel, genes of te voorkom nie.

NAAM EN BESIGHEIDSADRES VAN DIE HOUER VAN DIE REGISTRASIESERTIFIKAAT

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DATUM VAN PUBLIKASIE VAN DIE VOUBILJET

Moet toegeken word